



Microlife Medical Home Solutions Launches Comprehensive Online Health Management Program; MiHealthLog™

Golden, CO, December 21, 2009 --(PR.com)-- Microlife Medical Home Solutions, Inc. (MiMHS) launched MiHealthLog web-application for consumers who are interested in better managing their health and wellness.

“Self-monitoring is the single best health behavior an individual can use to improve their health. Studies have repeatedly demonstrated that individuals who monitor their daily food intake and physical activity lose more weight and keep it off longer. In addition, individuals who monitor their health measurements (i.e., blood pressure, blood glucose, etc.) better manage their respective medical condition (i.e., hypertension, diabetes, etc.),” said Dr. Scott O. McDoniel, Director of Clinical Affairs for Microlife Medical Home Solutions, Inc. MiHealthLog provides users with a comprehensive online platform to self-monitor their food intake, physical activity levels, blood pressure and glucose, and other important health measurements.

Microlife Medical Home Solutions, Inc. partnered with Nutrihand, Inc. on the development and hosting of MiHealthLog. “MiHealthLog powered by Nutrihand and Microlife Medical Home Solutions WatchWT Program, BodyGem® and MedGem® indirect calorimeters are the perfect combination to help patients and clients lose and maintain a healthy weight. By combining an individualized nutrition program generated from providers who use WatchWT or BodyGem with the easy-to use MiHealthLog online program, health conscious users will have all the tools and support they need to be successful,” said Soraya Bittencourt, CEO of Nutrihand Inc.

Microlife had specific needs for an online health management program. “We wanted to ensure a seamless integration of our IP from WatchWT MedGem and BodyGem Software programs with an online comprehensive health management program for patients and clients. Nutrihand leads the industry with program customization and is very well known within the nutrition and weight management profession. Nutrihand provided us with a solution that fulfilled the needs of our customers,” said Marietta Schmid, M.S., R.D., Business Development Manager for Microlife Medical Home Solutions.

MiHealthLog's key program features include

- Individualized nutrition plan based from your WatchWT MedGem or BodyGem resting metabolic rate (RMR) measurement.
- Easy logging from over 50,000 foods and 1,200 various physical activities.
- Access to over 800 customizable meal plans and grocery lists.
- Educational library, self-assessment quizzes, and easy to follow graphical reports.
- Simple monitoring of health measures (i.e., Blood Pressure, Blood Glucose, Lipids, etc.).
- Convenient access from any computer.
- Mobile access from any internet enabled cell phone.
- Future professional monitoring with MiHealthCoach™, Spring 2010.

MiHealthLog offers a free 7-day trial for any person interested in monitoring and improving their health.



Individuals can choose between two payment options that meet their personal budgets. Users can select an annual subscription (\$5.99/month) or month-to-month (\$8.99/month). For more information visit www.MiHealthLog.com.

About Nutrihand, Inc.

Nutrihand, Inc. develops health management services and solutions with their Wellness Platform for consumers, healthcare professionals and business. Nutrihand Internet-based services are used as a specialized CRM for food manufacturers, healthcare providers and payers. Privately held, Nutrihand is headquartered in Mountain View, California. For more information visit www.nutrihand-inc.com.

About Microlife Medical Home Solutions, Inc.

Microlife Medical Home Solutions, Inc. a subsidiary of Microlife Corporation is dedicated to meeting the needs of healthcare providers and their busy medical practices. Our proprietary hand-held medical devices and systematic solutions offer healthcare providers evidence-based and practice-tested methods for accurate assessment, diagnosis, and treatment of cardiovascular and metabolic diseases. Microlife is committed to working with healthcare providers to help reduce hypertension and obesity rates and its associated healthcare expenditures by providing efficient and cost-effective solutions. Microlife Medical Home Solutions is headquartered in Golden, CO. For more information visit: www.MiMHS.com

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